



**MAHARASHTRA
MAHAVIDYALAYA, NILANGA**

Criterion IV

Infrastructure and Learning Resources

4.1 Physical Facilities

Metric: 4.1.1

The Institution has adequate infrastructure and other facilities for,

D] Facilities for Sports Activities, yoga Centre, games [indoor and outdoor], Gymnasium, auditorium etc.

Yoga Activity

EST. 1970



MAHARASHTRA SHIKSHAN SAMITTI'S

MAHARASHTRA MAHAVIDYALAYA, NILANGA

(Arts, Commerce, Science, Information Technology & Vocational)

Re-Accredited "B+" Grade (CGPA-2.62)

NILANGA – 413521 Dist. Latur (Maharashtra State)



DR. M.N. KOLPUKE
M.Sc. Ph.D.(Zoology)
Principal

A Programme under Health Awareness

Organized by the Department of sports

during

The Academic Year 2018-19

"International Yoga Day"

Organizer :

Dr.G.L,Moghe

Name of the Activity	Date	Time	Venue	No. of Students Present/Participated
International Yoga Day	21 jun 2018	7.am to 11.am	Maharashtra Mahavidyalaya, Nilanga	97

Objectives of the Activity:

1. To highlight the importance of Yoga Sadhana as an important part of the Indian knowledge tradition
2. To create awareness among teachers - non-teaching staff and students about the importance of yoga practice for health
3. To create awareness about how yoga can improve health

Brief Report:

On the occasion of International Yoga Day, a yoga camp was organized for students, teachers and non-teaching staff at exactly 07:00 am on behalf of the National Service Planning Department. Tehsildar of Nilanga Tehsil Shri Sharad Jhadke was present as the inaugural function. The principal of the college Dr. V. L. Castor was present. Nilanga city famous Dr. Saigaonkar, Vice Principal of the College Dr. M. N. Kolpuke and yoga instructor Dr. C. J. Kadam was present on the stage.

The yoga camp was inaugurated by lighting the lamp by dignitaries. Expressing the opening speech on this occasion, Hon'ble Tehsildar Shri Sharad Zhadke said that today the problems of physical health are becoming serious. If the body is to be kept healthy and fit, the youth should give more aim to yoga, he asserted the opinion that yoga should be given an

important place in daily life by justifying yoga day. Dr. in the main presence. Saigaonkar also briefly explained the importance of yoga in terms of health. Present on the stage was the Vice Principal Dr. M. N. Kolpuke also wished everyone on this occasion. During the presidential conclusion, Principal Dr. V. L. Yerande said that every youth should give importance to yoga sadhana in his life as yoga increases efficiency in the youth by keeping the body and mind fit. Thank you program officer Dr. S. G. Benjalwar did. A large number of students, teachers and non-teaching staff attended the yoga camp

Outcomes of the Activity

1. Awareness arose that health can be cultivated through yoga practice
2. Realized the importance of yoga in the Indian knowledge tradition
3. Realized the importance of maintaining good health by practicing yoga regularly

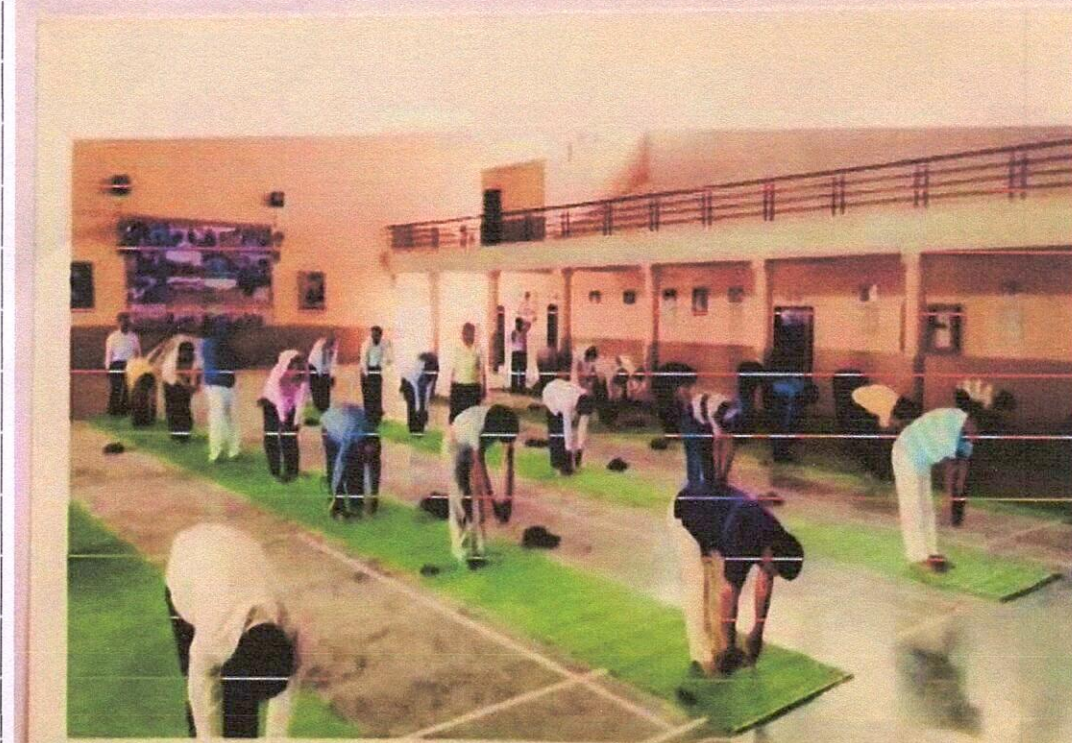


A handwritten signature in blue ink, appearing to be "V. L. Yerande".

Principal
Maharashtra Mahavidyalaya
Nilanga-413521 Dist.Latur



International Yoga Day
21 June-2018





*International Yoga Day
21 June-2018*



EST. 1970



MAHARASHTRA SHEKSHAN SAMITTI'S

MAHARASHTRA MAHAVIDYALAYA, NILANGA

(Arts, Commerce, Science, Information Technology & Vocational)

Re-Accredited "B+" Grade (CGPA-2.62)

NILANGA – 413521 Dist. Latur (Maharashtra State)

DR. M.N. KOLPUKE
M.Sc. Ph.D.(Zoology)
Principal



A Programme under (Health Awareness)

Organized by the Department - Sports

during

The Academic Year 2019-20

"International Yoga Day"

Organizer : Dr.G.L.Moghe

Name of the Activity	Date	Time	Venue	No. of Students Present/Participated
International Yoga Day	21 jun 2019	7.am to 11.am	Maharashtra Mahavidyalaya, Nilanga	71

Objectives of the Activity:

1. To highlight the importance of Yoga Sadhana as an important part of the Indian knowledge tradition
2. To create awareness among teachers - non-teaching staff and students about the importance of yoga practice for health
3. To create awareness about how yoga can improve health

Brief Report:

Yoga practice is an important part of the Indian knowledge tradition. Since ancient times, awareness about health has been achieved through the practice of Yoga. As a part of this, the Central Government has decided to celebrate 21st June as International Yoga Day. The International Yoga Day was very effectively implemented in the presence of the college teachers, non-teaching staff and students as per the slogan "Yoga for All". Principal made Dr.V.L.Yerande the opening remarks saying that yoga is very important for health.

On this occasion, Principal Dr. Bhagwat Paul, our college vice-principal Dr. Madhav Kolpuke Major Dr. C.J. Kadam, Program Officer of National Service Scheme Dr. Subhash Benjlwar, Director of Sports Dr. Gopal Moghe and teachers and non-teaching staff of the College of Pharmaceutical Sciences. and college students were present. Sports Director Dr. Moghe explained the importance of yoga education and gave yoga education lessons to all the attendees

Outcomes of the Activity

1. Awareness arose that health can be cultivated through yoga practice
2. Realized the importance of yoga in the Indian knowledge tradition
3. Realized the importance of maintaining good health by practicing yoga regularly



A handwritten signature in blue ink, appearing to be "Anil".

Principal
Sign. of Principal
Maharashtra Mahavidyalaya
Nilanga-413521 Dist.Latur



Yoga logo



Dr. Madhav Kolpuke, Vice-Principal of the College giving yoga lessons on behalf of the National Service Scheme on the occasion of International Yoga Day.



Sports Director Dr. Gopal Moghe and National Service Scheme Program Officer Dr. Subhash Benjlwar and teachers, non-teaching staff and students

EST. 1970



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NILANGA – 413521 Dist. Latur (Maharashtra State)



DR. M.N. KOLPUKE
M.Sc. Ph.D.(Zoology)
Principal

A Programme under Health Awareness

Organized by the Department OF Sports

during

The Academic Year 2020-21

"International Yoga Day"

Organizer :

Dr.G.L.Moghe

Name of the Activity	Date	Time	Venue	No. of Students Present/Participated
International Yoga Day	21 jun 2020	7.am to 11.am	Maharashtra Mahavidyalaya, Nilanga	75

Objectives of the Activity:

1. To highlight the importance of Yoga Sadhana as an important part of the Indian knowledge tradition
2. To create awareness among teachers - non-teaching staff and students about the importance of yoga practice for health
3. To create awareness about how yoga can improve health

Brief Report:

On the occasion of International Yoga Day, a yoga camp online was organized for students, teachers and non-teaching staff at exactly 07:00 am on behalf of the National Service Planning Department.. The principal of the college Dr. V. L. Yerande was present. Vice Principal of the College Dr. M. N. Kolpuke and yoga instructor Dr. C. J. Kadam was present on the stage.

The yoga camp was inaugurated by lighting the lamp by dignitaries. Expressing the opening speech on this occasion, principal of the college Dr. V. L. Yerande said that today the problems of physical health are becoming serious. If the body is to be kept healthy and fit, the youth should give more aim to yoga, he asserted the opinion that yoga should be given an important place in daily life by justifying yoga day. Present on the stage was the Vice Principal Dr. M. N. Kolpuke also wished everyone on this occasion. During the presidential conclusion, Principal Dr. V. L. Yerande said that every youth should give importance to yoga sadhana in his life as yoga increases efficiency in the youth by keeping the body and mind fit. Thank you

program officer Dr. S. G. Benjalwar did. A large number of students, teachers and non-teaching staff attended the yoga camp

Outcomes of the Activity

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Principal
Sign. of Principal
Maharashtra Mahavidyalaya
Nilanga-413521 Dist.Latur

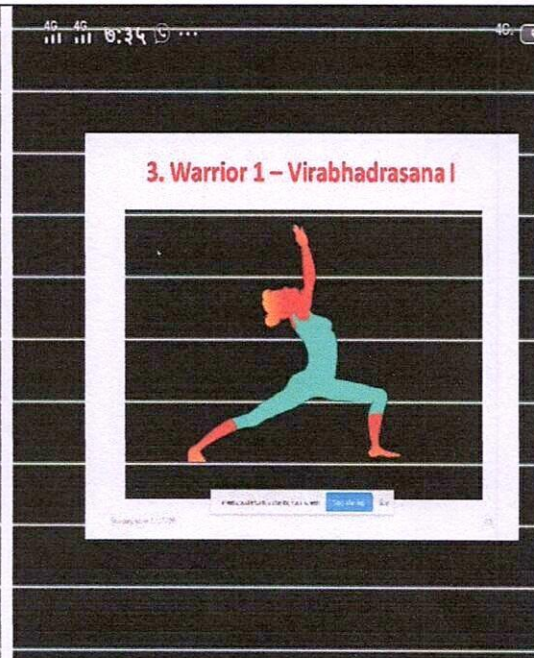




Meeting interface showing participants:

- Suryakant Wakle (You)
- Physics Guruji Dr.CJKadam
- Pawan Kore
- Ravindra Madarse

Also in the meeting (२६)



Meeting interface showing participants:

- Suryakant Wakle (You)
- Physics Guruji Dr.CJKadam
- Ravindra Madarse
- Dr. Dnyandeve Raut

Also in the meeting (२९)

EST. 1970



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NILANGA – 413521 Dist. Latur (Maharashtra State)



DR. M.N. KOLPUKE
M.Sc. Ph.D.(Zoology)
Principal

A Programme under Health Awareness

Organized by the Department/Best Activity Cell

during

The Academic Year 2021-22

"A ten-day yoga camp"

Organizer : Dr.G.L.Moghe

Name of the Activity	Date	Time	Venue	No. of Students Present/Participated
A ten-day yoga camp	21 Jun 2021	7.am to 11.am	Maharashtra Mahavidyalaya, Nilanga	466

Objectives of the Activity:

1. To highlight the importance of Yoga Sadhana as an important part of the Indian knowledge tradition
2. To create awareness among teachers - non-teaching staff and students about the importance of yoga practice for health
3. To create awareness about how yoga can improve health

Brief Report:

In the academic year 2020-21, the global pandemic CO-VID-19 was taking hold. Due to the ban on communication during this period, the college organized a 10-day online international yoga camp on behalf of the National Service Planning Department to make the teachers, non-teaching staff and students mentally and physically capable. The camp was inaugurated by Dr. Madhav Kolpuke, Principal of Maharashtra College and Dr. Siddheshwar Patil, Principal of Maharashtra College of Pharmacy. Dr. Sarika Dayma and Dr. Brijmohan Dayma as yoga teachers for this camp regularly gave yoga lessons to students, teachers and non-teaching staff from 7:00 am to 9:00 am and gave important guidance that mental and physical health can be achieved through yoga education.

The conclusion of this ten day international yoga camp was concluded under the guidance of Dr. Shivraj Bodke, Director of National Service Planning Department of Swami Ramanand Tirtha Marathwada University, Nanded.

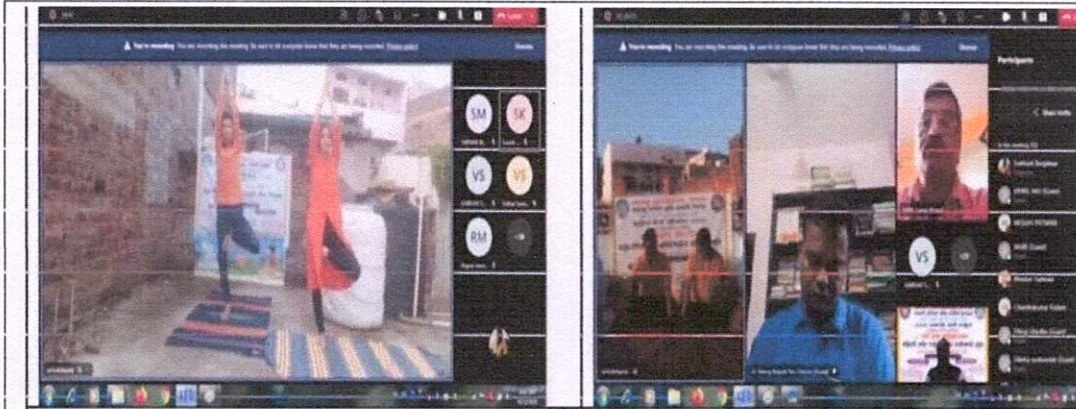
A **ten-day yoga camp** was organized on behalf of the college to keep the mental and physical health of the students and faculty . Dr. Brij Mohan Dayma Dr. Sarika Daima gave yoga sadhana lessons to the students

Outcomes of the Activity

1. Awareness arose that health can be cultivated through yoga practice
2. Realized the importance of yoga in the Indian knowledge tradition
3. Realized the importance of maintaining good health by practicing yoga regularly



Sign. of Principal
Principal
Maharashtra Mahavidyalaya
Nilanga-413521 Dist.Latur



अंतरराष्ट्रीय योग दिनानिमित्त दिनांक २१ ते ३० जून २०२१ या कालावधीत आयोजित दहा दिवशीय ऑनलाईन योग शिबिरातील काही क्षणचित्रे. समारोप समारंभात उपस्थित डॉ. शिवराज बोकडे संचालक, रासेयो स्वा.रा.ती. म. वि. नांदेड.



लाकणान शारीरिक स्वास्थ्यासाठी व निरोगी आरोग्यासाठी योगसाधना महत्वाची - डॉ. शिवराज बोकडे

निरोगी, स्वस्थ, सुखी व प्रसन्नतेने जिवित जगणे हे मानवी जीवनाचे उच्चतम लक्ष्य आहे. यासाठी शारीरिक, मानसिक व आध्यात्मिक योगसाधना महत्वाची आहे. डॉ. शिवराज बोकडे यांनी याबाबतचे महत्वाचे उद्घोष केला आहे. डॉ. शिवराज बोकडे यांनी याबाबतचे महत्वाचे उद्घोष केला आहे.



स्वा. सुप्रिया सुळे यांच्या राहदिवसानिमित्त जव भारत माध्यमिक व उच्च माध्यमिक विद्यालयात दृशारोपण



On behalf of the college, Swami Ramanand Tirtha Marathwada University, Nanded National Service Scheme Director Dr. Shivraj Bokde Organized a lecture on health by. He said that it is necessary to practice yoga to keep the physical and mental health of students strong during the corona epidemic

News of the successful organization of a ten day yoga camp

पुरा.वस्ती

महाराष्ट्र महाविद्यालयात दहादिवसीय योग शिबिराचे उद्घाटन

निलंगा / प्रतिनिधी

येथील महाराष्ट्र महाविद्यालय व महागण्ट कलेज ऑफ फार्मसी मधील राष्ट्रीय सेवा योजना विभागाच्या संयुक्त विद्यमाने आंतरराष्ट्रीय योग दिनाचे औचित्य साधून दहा दिवसीय ऑनलाइन योग शिबिराचे आयोजन दिनांक २१ ते ३० जून या कालावधीत करण्यात आले आहे. महाविद्यालयाच्या मातीश्री सभागृहात आयोजित करण्यात आलेल्या या शिबिराचे उद्घाटन प्राचार्य डॉ. मधन कोल्हापूरकर यांच्या हस्ते करण्यात आले.

यावेळी, प्राचार्य डॉ. विठ्ठल खट्टर, प्रा. प्रशांत गायकवाड, क्रीडा संचालक डॉ. गोपाळ मोघे यांची प्रमुख उपस्थिती होती. या उद्घाटन समारंभानंतर महाविद्यालयाचे क्रीडा संचालक डॉ. गोपाळ मोघे यांनी योग प्रात्यक्षिकांचे प्रशिक्षण उपस्थिताना दिले. प्रात्यक्षिक राष्ट्रीय सेवा योजनेचे कार्यक्रमाधिकारी डॉ. सुभाष बेंजलवार यांनी केले तर आभारप्रदर्शन प्रा. सुनील गरड यांनी व्यक्त केले. समारंभाच्या यशस्वितेसाठी कार्यक्रमाधिकारी डॉ. विठ्ठल खट्टर, सिद्धार्थ कुंभार, ज्ञानेश्वर खांडेकर, कुमार कोळी यांनी परिश्रम घेतले.

पुरोगामी विद्यार्थी

Page 7
21 Jun 2021

महाराष्ट्र महाविद्यालयात दहा दिवसीय ऑनलाईन योग शिबिर

निलंगा / प्रतिनिधी

येथील महाराष्ट्र महाविद्यालय व महागण्ट कलेज ऑफ फार्मसी मधील राष्ट्रीय सेवा योजना विभागाच्या संयुक्त विद्यमाने आंतरराष्ट्रीय योग दिनाचे औचित्य साधून दहा दिवसीय ऑनलाइन योग शिबिराचे आयोजन दि. २१ ते ३० जून या कालावधीत करण्यात आले आहे.

उद्घाटन कार्यक्रमाच्या अध्यक्षतेखाली प्राचार्य डॉ. मधन कोल्हापूरकर यांनी शिबिराचे उद्घाटन केले. यावेळी प्रा. प्रशांत गायकवाड, क्रीडा संचालक डॉ. गोपाळ मोघे यांची प्रमुख उपस्थिती होती. प्रात्यक्षिक राष्ट्रीय सेवा योजनेचे कार्यक्रमाधिकारी डॉ. सुभाष बेंजलवार यांनी केले तर आभारप्रदर्शन प्रा. सुनील गरड यांनी व्यक्त केले. समारंभाच्या यशस्वितेसाठी कार्यक्रमाधिकारी डॉ. विठ्ठल खट्टर, सिद्धार्थ कुंभार, ज्ञानेश्वर खांडेकर, कुमार कोळी यांनी परिश्रम घेतले.

News of the successful organization of a ten day yoga camp



निरोगी आरोग्यासाठी योगसाधना महत्त्वाची

डॉ. शिवराज बोकडे; दहादिवसीय योग शिबिराचा समारोप

निलंगा, ता. ३० (बातमीदार)
: शारीरिक स्वास्थ्यासाठी व निरोगी
आरोग्यासाठी योगसाधना महत्त्वाची
आहे. मागील दहा दिवसांत प्रशिक्षण
पेतलेल्या राष्ट्रीय सेवा योजनेच्या
स्वयंसेवकांनी या माध्यमातून स्वतःचे
व सामाजिक स्वास्थ्य जपण्यासाठी
प्रयत्नशील राहणे, असे मत स्वामी
रामानंद लीले मराठवाडा विद्यापीठ
नॉर्दिक येथील राष्ट्रीय सेवा योजना
विभागाचे संचालक डॉ. शिवाजीराव
बोकडे यांनी व्यक्त केले.

येथील महाराष्ट्र महाविद्यालय व
कॉलेज ऑफ फार्मसी निलंगा राष्ट्रीय
सेवा योजना विभागाच्या संयुक्त
विद्यमाने अंतरराष्ट्रीय योगदिनानिमित्त
आयोजित दहा दिवसीय अन्तराइन
योग शिबिराचा समारोप सुरुवाती (ता.
३०) झाला.

यावेळी ते बोलत होते.
कार्यक्रमाच्या अध्यक्षस्थानी
उपप्राचार्य डॉ. चंद्रकुमार कदम होते.
महाविद्यालयाचे प्राचार्य डॉ. माधव

बोलेपुके यांची प्रमुख उपस्थिती होती.
मागील दहा दिवसीय योग शिबिरात
भाष्यकोसरील टीप्परच्या माध्यमातून
अन्तराइन शिबिरात सहभागी
सर्व विद्यार्थी, पालक, शिक्षक व
शिक्षकेतर कर्मचाऱ्यांना पराजली
योगपीठ हरिद्वारद्वारा प्रशिक्षित योग
प्रशिक्षक डॉ. ब्रिजमोहन दायमा व डॉ.
सारिका दायमा यांनी विविध योगासने
व प्रणायामांचे प्रशिक्षण दिले. डॉ.
सारिका दायमा यांनी दहा दिवसांत
पेतलेले प्रशिक्षण निरोगी आयुष्यासाठी
निवमित्त करावे, असे सांगितले.
डॉ. चंद्रकुमार कदम यांनीही योगाचे
महत्त्व सांगितले. दरम्यान, राष्ट्रीय
सेवा योजनेच्या शावरन ढगे, कुंदारन
पापाळ, योगिता शिखरे, मयूरी लखटे,
विभव सूर्यवंशी यांनी अनुभव व्यक्त
केले. यावेळी रासेयो कार्यक्रमाधिकारी
डॉ. विठ्ठल सांडूर, प्रा. सुनील गरड,
डॉ. सुभाष बेजलवार, डॉ. सुभाष
बेजलवार, डॉ. विठ्ठल सांडूर, प्रा.
सुनील गरड आदींची उपस्थिती होती.

News of the successful organization of a ten day yoga camp

EST. 1970



MAHARASHTRA SHIKSHAN SAMITI'S
MAHARASHTRA MAHAVIDYALAYA, NILANGA

(Arts, Commerce, Science, Information Technology & Vocational)

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NILANGA – 413521 Dist. Latur (Maharashtra State)



DR. M.N. KOLPUKE
M.Sc. Ph.D.(Zoology)
Principal

A Programme under Health Awareness

Organized by the Department/Best Activity Cell

during

The Academic Year 2022-23

“International Yoga Day”

Organizer/ Coordinator/Head:

Name of the Activity	Date	Time	Venue	No. of Students Present/Participated
International Yoga Day	21 Jun 2020	7.am to 11.am	Maharashtra Mahavidyalaya, Nilanga	106

Objectives of the Activity:

1. To highlight the importance of Yoga Sadhana as an important part of the Indian knowledge tradition
2. To create awareness among teachers - non-teaching staff and students about the importance of yoga practice for health
3. To create awareness about how yoga can improve health

Brief Report:

International Yoga Day was celebrated on 21st June in Indoor Hall on behalf of Sport Department of Maharashtra Mahavidyalaya, Nilanga. The world observed 21st June 2014 as the International Yoga Day. All teaching faculty and non-teaching faculty gathered to celebrate yoga day at 6:30am in the college's indoor hall. For this, Dr. M. N. Kolpuke, principal of the college was present as the chairperson of program.

Program was inaugurated with lightning the candle by the chairperson. After that, director of sport department of the college, Dr. Gopal Moghe guided the importance of yoga, concentration, and told importance of various yoga positions. All the yoga activities were guided with directly exercising. All teaching and non-teaching faculty exercised concentration, meditation and practically done all yoga positions and took oath to exercise all these yoga

activities. At the last of program, Dr. S. G. Benjlwar, NSS Programme Officer presented the vote of thanks.

Outcomes of the Activity

1. Yoga Increase happiness index Staff and the students.
2. Yoga decrees exigently and stress index Staff and the students



Sign. of Principal
Principal

Maharashtra Mahavidyalaya
Nilanga-413521 Dist. Latur

MAHARASHTRA MAHAVIDYALAYA, NILANGA

Department of Physical Education & Sports

International Yoga Day

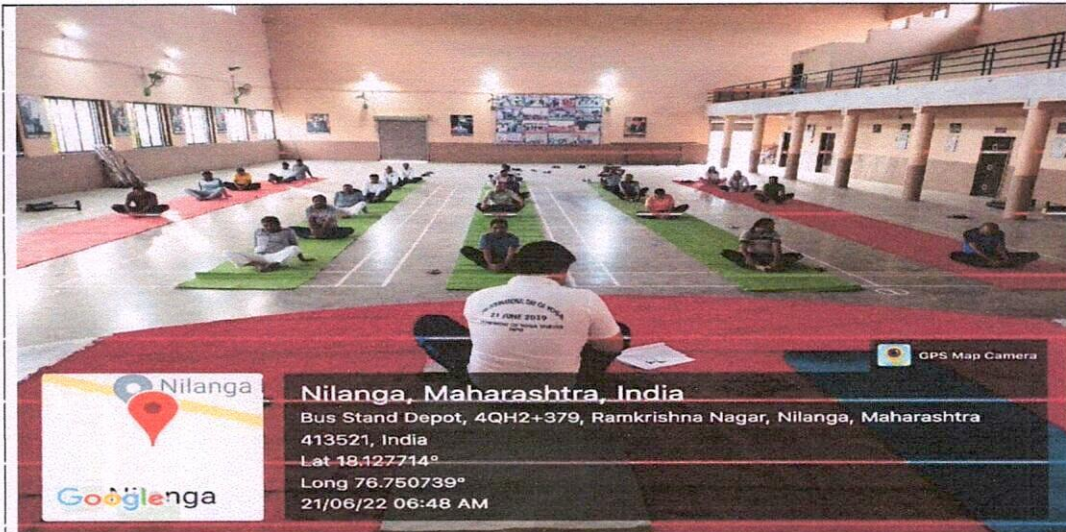
21 Jun 2022

PAWANMUKT ASANA

नौकासन

ध्यानमुद्रा

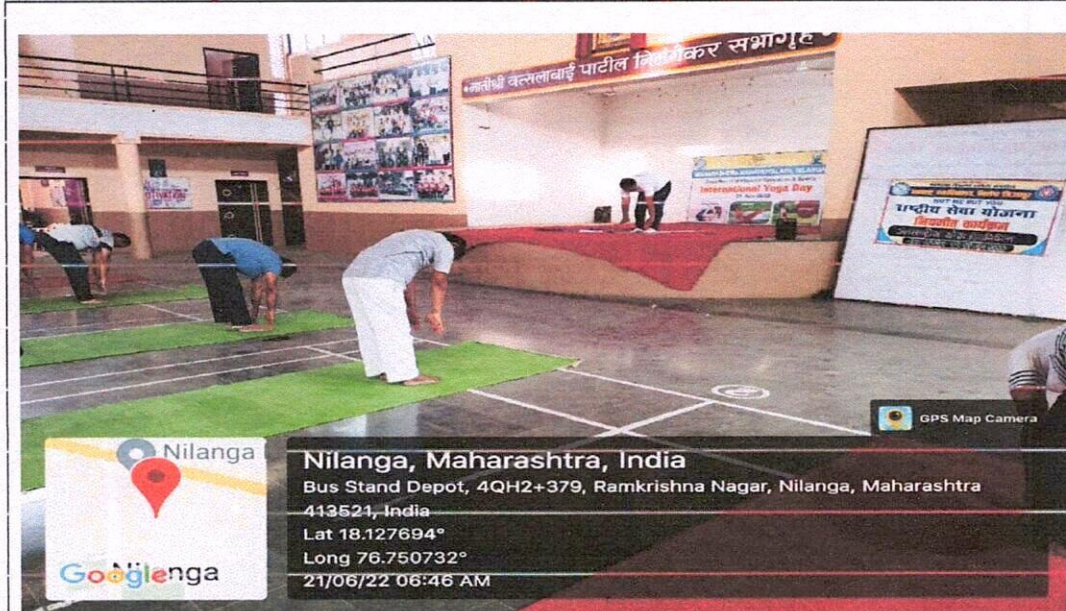
Maharashtra College, Nilanga Yoga Banner



Nilanga, Maharashtra, India
Bus Stand Depot, 4QH2+379, Ramkrishna Nagar, Nilanga, Maharashtra
413521, India
Lat 18.127714°
Long 76.750739°
21/06/22 06:48 AM

GPS Map Camera

Sports Director Dr GL Moghe While giving yoga lessons



Nilanga, Maharashtra, India
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413521, India
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Long 76.750732°
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GPS Map Camera

Sports Director Dr GL Moghe While giving yoga lessons



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MAHARASHTRA MAHAVIDYALAYA, NILANGA

(Arts, Commerce, Science, Information Technology & Vocational)

Re-Accredited "B+" Grade (CGPA-2.62)

NILANGA – 413521 Dist. Latur (Maharashtra State)

DR. M.N. KOLPUKE
M.Sc. Ph.D.(Zoology)
Principal

A Programme under Health Awareness

Organized by the Department of NSS

During

The Academic Year 2023-24

"International Yoga Day"

Organizer/ Coordinator/Head:

Name of the Activity	Date	Time	Venue	No. of Students Present/Participated
International Yoga Day	21 Jun 2023	7.am to 11.am	Maharashtra Mahavidyalaya, Nilanga	75

Objectives of the Activity:

1. To highlight the importance of Yoga Sadhana as an important part of the Indian knowledge tradition
2. To create awareness among teachers - non-teaching staff and students about the importance of yoga practice for health
3. To create awareness about how yoga can improve health

Brief Report:

International Yoga Day was celebrated on 21st June in Indoor Hall on behalf of Sport Department of Maharashtra Mahavidyalaya, Nilanga. The world observed 21st June 2014 as the International Yoga Day. All teaching faculty and non-teaching faculty gathered to celebrate yoga day at 6:30am in the college's indoor hall. For this, Dr. M. N. Kolpuke, principal of the college was present as the chairperson of program. Program was inaugurated with lighting the candle by the chairperson. After that, director of sport department of the college, Dr. Gopal

Moghe guided the importance of yoga, concentration, and told importance of various yoga positions. All the yoga activities were guided with directly exercising.

All teaching and non-teaching faculty exercised concentration, meditation and practically done all yoga positions and took oath to exercise all these yoga activities. At the last of program, Dr. S. G. Benjlwar, NSS Programme Officer presented the vote of thanks.

Outcomes of the Activity

1. Yoga Increase happiness index Staff and the students.
2. Yoga decreases exigently and stress index Staff and the students



Sign. of Principal

Principal
Maharashtra Mahavidyalaya
Nilanga-413521 Dist.Latur



GPS Map Camera



Nilanga, Maharashtra, India
Bus Stand Depot, Ramkrishna Nagar, Nilanga,
Maharashtra 413521, India
Lat 18.127657°
Long 76.750785°
21/06/23 07:13 AM GMT +05:30

Sports Director Dr GL Moghe While giving yoga lessons



GPS Map Camera

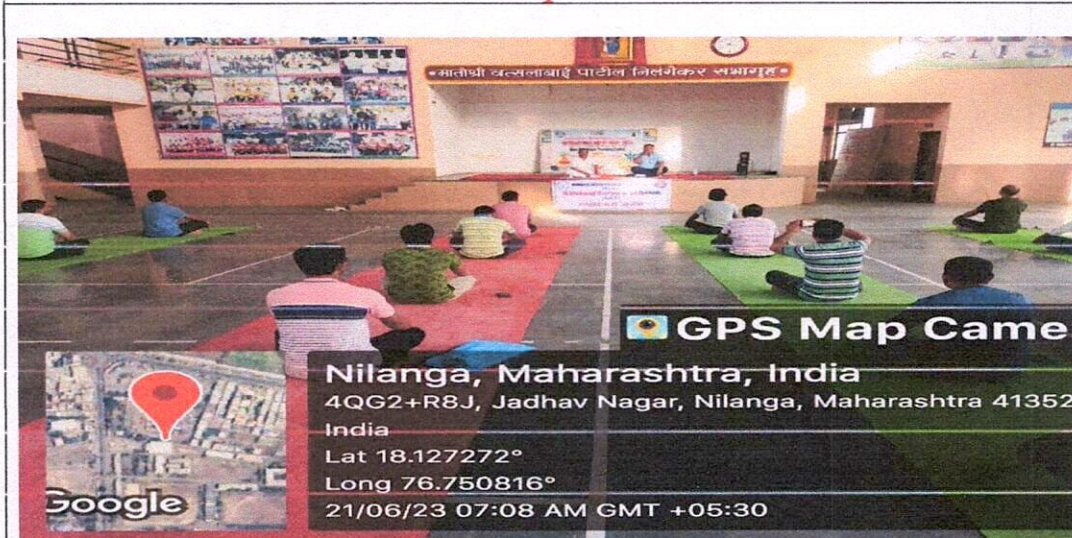


Nilanga, Maharashtra, India
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Maharashtra 413521, India
Lat 18.127744°
Long 76.750665°
21/06/23 07:08 AM GMT +05:30

Sports Director Dr GL Moghe While giving yoga lessons



Participation



Participation