#### MAHARASHTRA SHIKSHAN SAMITI'S

### MAHARASHTRA MAHAVIDYALAYA, NILANGA



(Arts, Commerce, Science, Information Technology & Vocational)

Re-Accredited "B+" Grade (CGPA-2.62)

NILANGA – 413521 Dist. Latur (Maharashtra State)

Dr. M.N. Kol puke M.Sc. Ph.D.(Zoology) Principal

### A Programme under: Arogyam Dhansampada

Organized by the Department of NSS

during

The Academic Year 2023-24

### "International Yoga Day"

### Organizer: Dr.S.G.Benjlwar

Name of the	Date	Time	Venue	No. of Students
Activity				Present/Participated
International	21 Jun 2023	7.am to 11.am	Maharshtra	75
Yoga Day			Mahavidyalaya,	
Toga Day			Nilanga	

#### **Objectives of the Activity:**

- 1.To highlight the importance of Yoga Sadhana as an important part of the Indian knowledge tradition
- 2. To create awareness among teachers non-teaching staff and students about the importance of yoga practice for health
- 3. To create awareness about how yoga can improve health

#### **Brief Report:**

International Yoga Day was celebrated on 21st June in Indoor Hall on behalf of Sport Department of Maharashtra Mahavidyalaya, Nilanga. The world observed 21st June 2014 as the International Yoga Day. All teaching faculty and non teaching faculty gathered to celebrate yoga day at 6:30am in the college's indoor hall. For this, Dr. M. N. Kolpuke, principal of the college was present as the chairperson of program. Program was inaugurated with lightning the candle by the chairperson. After that, director of sport department of the college, Dr. Gopal Moghe guided the importance of yoga, concentration, and told importance of various yoga positions. All the yoga activities were guided with directly exercising.

All teaching and non teaching faculty exercised concentration, meditation and practically done all yoga positions and took oath to exercise all these yoga activities. At the last of program, Dr. S. G. Benjlwar, NSS Programme Officer presented the vote of thanks.

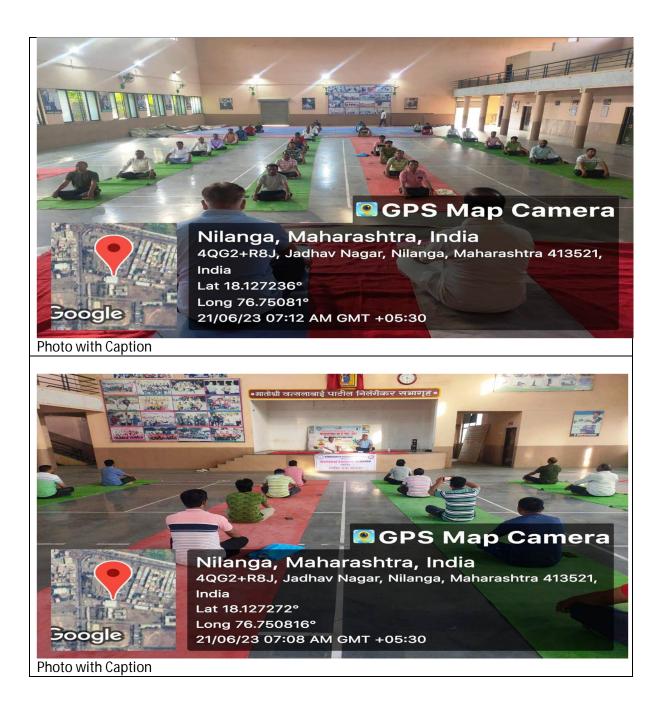
### **Outcomes of the Activity**

- 1. Yoga Increase happiness index Staff and the students.
- 2. Yoga decrees exigently and stress index Staff and the students



Sports Director Dr GL Moghe While giving yoga lessons











Sign. of Principal

### MAHARASHTRA MAHAVIDYALAYA, NILANGA



(Arts, Commerce, Science, Information Technology & Vocational)

Re-Accredited "B+" Grade (CGPA-2.62)

NILANGA – 413521 Dist. Latur (Maharashtra State)

**Dr. M.N. Kol puke** M.Sc. Ph.D.(Zoology)

Principal

#### A Programme under (ex. Health Awareness)

### Organized by the Department/Best Activity Cell

#### during

The Academic Year 2023-24

### "Blood Group & CBC Chekup Camp"

### Organizer/ Coordinator/Head: Dr.G.G.Shivshette

Name of the	Date	Time	Venue	No. of Students
Activity				Present/Participated
Blood Group &	27-02-2024	10 am to 3.pm	Maharshtra	200
CBC Chekup		-	Mahavidyalaya,	
Camp			Nilanga	

### **Objectives of the Activity:**

- 1. To address health issues of students
- 2. To know and create awareness about the health problems of female students in particular
- 3. Many students don't even know their own blood group. To create awareness about it

#### **Brief Report:**

Under the initiative 'Arogya Dhansampada', the college regularly organizes various activities to create health awareness among the students. Today, a health check-up camp was successfully organized on behalf of the college and the Upazila Hospital, Nilanga. Learned about the health problems especially among women and created awareness by discussing various health problems in detail.

In this camp, different types of tests like blood group, blood type, diabetes, HIV were conducted, a total of 150 students registered under this camp and more than 50 students were given free health check-up. Medical officer under the guidance of Dr. J. D Mane, Mrs. Sindhu Jadhav, Mr. Nitin Kamble, Mrs. Sandhya Londhe, Mrs. Ashwini Mahajan, Mrs. Jyoti Ingle team were present. Dr. Madhav Kolpuke, the principal of the college, guided and greeted the camp. Dr. Dnyaneshwar Chaudhari also interacted with the students Prof. Vishnu Reddy, Dr. Mulla Mustafa, Dr. Vijay Kulkarni, Prof. Sneha Bole and a large number of students were present. Dr. Govind Sivashette, coordinator of health wealth initiative, introduced and conducted the program. For the success of the camp, Dr. G. G. Sivashette, Dr. N. V. Pinmakar, Dr. Subhash Benjalwar, Prof. Shivrudra Badnale, Prof. Dhanraj Kivade, Dr. V. P. Sandur and Mr. Raju Ekhande worked hard.

### **Outcomes of the Activity**

- 1. Succeeded in creating health awareness among the students.
- 2. Through CBC examination, various diseases and deficiencies in the body were realized.
- 3. Students are guided to overcome hemoglobin deficiency





College Principal Dr. Madhav Kolpuke while guiding the students on the occasion of inaugurating the Health Checkup Camp.



### Attendance of students for health check-up was significant



### महाराष्ट्र महाविद्यालयात मोफत आरोग्य तपाराणी रिाबीराचे आयोजन

निलंगा/आयुब बागवान:-धनसंपदा उपक्रमाअंतर्गत महाविद्यालय सातत्याने विद्यार्थांमध्ये सातत्वान विशिष्ट्यान्यस्य आरोग्यविषयक जनजागृती करण्यासाठी विविध उपक्रम आयोजित करण्यात येतात. आयाजित करण्यात येतात. महाविद्यालय व उपजिल्हा रुणालय, निलंगा यांच्या वतीने आरोग्य तपासणी शिबिराचे यशस्वी आयोजन यशस्वी आयोजन महाविद्यालयात करण्यात आले. या आरोग्य तपासणी जारा. जा जाराना शिबीराअंतर्गत वैद्यकीय अधिकारी डॉ. जे. डी. माने यांनी विद्यार्थ्यांशी आरोग्य विषयक समस्या जाणून घेतल्या, महिलां मधील विशेषतः वेगवेगळ्या आरोग्याच्या अडचणीची विस्ताराने चर्चा करून जागरूकता निर्माण केली. या शिबिरात रक्तगट, रक्तश्रेणी, मधुमेह, एचआयव्ही अशा वेगवेगळ्या प्रकारच्या तपासण्या करण्यात आल्या. या शिबिरांतर्गत एकूण १५० विद्यार्थ्यांनी नाव नोंदणी केली आणि त्या अंतर्गत ५० हून अधिक विद्यार्थ्यांची आरोग्याची मोफत तपासणी करण्यात आली. आरोग्य

तपासणी साठी उपजिल्हा रुग्णालय, निलंगा येथील वैद्यकीय अधिक्षक डॉ. दिपक वधकाय आधक्तक डा. दिपक हुगे यांच्या मार्गदर्शनाखाली वैद्यकीय अधिकारी डाॅ. जे. डी. माने, सिंधु जाधव, नितीन कांबळे, संध्या लोंढे, अश्विनी महाजन, ज्योती इंगळे टीम उपस्थित होती. या शिबीरास महाविद्यालयाचे प्राचार्य डॉ. माधव कोलपुके यांनी मार्गदर्शन करून याना मागदशन करून शुभेच्छा दिल्या. तसेच डॉ. ज्ञानेश्वर चौधरी यांनी विद्यार्थ्यांशी संवाद साधला. यावेळी डॉ. शेषेराव विद्याध्याशी सवाद साधला. यावेळी डॉ. शे में शे व देवनाळकर, प्रा. विष्णु रेड्डी, डॉ. मुल्ला मुस्तफा, डॉ. विजय कुलकर्णी प्रा.स्नेहा बोळे व विद्यार्थी मोठचा संख्येने उपस्थित होते. कार्यक्रमाचे प्रास्ताविक व संचालन आरोग्य धनसंपदा उपक्रमाचे समन्वयक डॉ. गोविंद शिवशेहे तान्वपक्ष इ. गाजिद तापते व यांनी केले. शिबीराच्या यशस्वीतेसाठी डॉ. नरेश पिनमकर, डॉ. सुभा बेंजलवार, प्रा. शिवरू द्र बदुनाळे, प्रा. धनराज किवडे, विट्ठल सांड्र व राजु एखंडे यांनी परिश्रम घेतले.



### लातूर जिल्हा 28-02-2024

## निलंगा येथे महाराष्ट्र महाविद्यालयात मोफत आरोग्य तपासणी शिबीर संपन्न

प्रतिनिधी | निलंगा

'आरोग्य धनसंपदा' या उपक्रमाअंतर्गत महाविद्यालय सातत्याने विद्यार्थ्यांमध्ये आरोग्यविषयक जनजागती करण्यासाठी विविध उपक्रम आयोजित करण्यात येतात. निलंगा येथे महाराष्ट्र महाविद्यालय व उपजिल्हा रुग्णालयाच्या वतीने आरोग्य तपासणी शिबिराचे यशस्वी आयोजन महाविद्यालयात करण्यात आले.

या आरोग्य तपासणी शिबीराअंतर्गत वैद्यकीय अधिकारी डॉ. जो. डी. माने यांनी उपजिल्हा रूग्णालय, निलंगा येथील मुस्तफा, डॉ. विजय कुलकर्गी प्रा. स्नेहा विद्यार्थ्याशी आरोग्य विषयक समस्या वैद्यकीय अधिक्षक डॉ. दिशक हुगे यांच्या बोळे व विद्यार्थी मोठ्या संख्येन उपस्थित केली. या शिविरात रक्तगट, रक्तश्रेणी, ज्योती इंगळे यांचे पथक उपस्थित होते. मधुमेह, एचआयव्ही अशा वेगवेगळ्या



महाराष्ट्र महाविद्यालयात मोफत आरोग्य तपासणी शिबीराचे उदघानप्रसंगी मान्यवर

विद्यार्थ्यांची आरोग्याची मोफत तपासणी साघला. करण्यात आली. आरोग्य तपासणीसाठी देवनाळकर, प्रा. विष्णु रेड्डी, डॉ. मुल्ला जाणून घेतल्या. विशेषतः महिलांमघील मार्गदर्शनाखाली वैद्यकीय अधिकारी डॉ. होते. कार्यक्रमाचे प्रास्ताविक व वेगवेगळ्या आरोग्याच्या अडचणीची जे. डी. माने, सिंघु जाघव, नितीन सूत्रसंचलन आरोग्य धनसंपदा उपक्रमाचे विस्ताराने चर्चा करून जागरूकता निर्माण कांबळे, संध्या लोंढे, अश्विनी महाजन, समन्वयक डॉ. गोविंद शिवशेट्टे यांनी

प्रकारच्या तपासण्या करण्यात आल्या. या डॉ. माघव कोलपुके यांनी मार्गदर्शन शिवरूद्र बदनाळे, प्रा. धनराज किवडे, शिविरांतर्गत एकूण १५० विद्यार्थ्यांनी नाव करून शुभेच्छा दिल्या. तसेच डॉ. डॉ. विठ्ठल सांडूर व राजु एखंडे यांनी नोंदणी केली. त्या अंतर्गत ५० हून अधिक ज्ञानेश्वर चौधरी यांनी विद्यार्थ्यौशी संवाद परिश्रम घेतले.

केले शिवीराच्या यशस्वीतेसाठी डॉ या शिबीरास महाविद्यालयाचे प्राचार्य नरेश पिनमकर, डॉ. सुभाष बेंजलवार,प्रा.

Health Check -up Camp NEWS Clipping

## लोकमत

## महाराष्ट्र महाविद्यालयात आरोग्य तपासणी शिबीर

### आरोग्य धनसंपदा उपक्रमांतर्गत आयोजन

लोकमत न्यूज नेटवर्क निलंगा : येथील महाराष्ट्र महाविद्यालयात 'आरोग्य धनसंपदा' या उपक्रमांतर्गत उपजिल्हा रुग्णालय यांच्या वतीने आरोग्य तपासणी शिबिर घेण्यात आले. वैद्यकीय अधिकारी डॉ. जे. डी. माने यांनी आरोग्य तपासणी करून आरोग्य विषयक समस्या जाणून घेतल्या.

शिबिरात रक्तगट, रक्तश्रेणी, मधुमेह, एचआयव्ही अशा वेगवेगळ्या प्रकारच्या तपासण्या करण्यात आल्या. १५० विद्यार्थ्यांनी नोंदणी केली आणि त्याअंतर्गत ५० हून अधिक विद्यार्थ्यांची मोफत तपासणी करण्यात आली. तपासणीसाठी वैद्यकीय अधीक्षक डॉ. दीपक हुगे, डॉ. जे. डी. माने, सिंधु जाधव, नितीन

कांबळे. संध्या लोंढे, अश्विनी महाजन, ज्योती इंगळे उपस्थित होत्या. शिबिराचे प्राचार्य डॉ. माधव कोलपुके यांनी कौतक केले. डॉ. जानेश्वर चौधरी यांनी विद्यार्थ्यांशी संवाद साधला.

यावेळी डॉ. शेषेराव देवनाळकर. प्रा. विष्णू रेड्डी, डॉ. मुल्ला मुस्तफा, डॉ. विजय कुलकर्णी, प्रा. स्नेहा बोळे व विद्यार्थी उपस्थित होते. प्रास्ताविक व संचालन डॉ. गोविंद शिवशेटटे यांनी केले. यशस्वीतेसाठी डॉ. नरेश पिनमकर, डॉ. सुभाष बेंजलवार, प्रा. शिवरूद्र बदनाळे, प्रा. धनराज किवडे, डॉ. विठ्ठल सांइर, राजू एखंडे यांनी परिश्रम घेतले. यावेळी महाराष्ट्र महाविद्यालयातील शिक्षक, शिक्षकेत्तर कर्मचारी उपस्थित होते.

Hello Latur Page No. 4 Feb 28, 2024 Powered by: erelego.com



epaper.dainiktarunbharat.com 28 Feb 2024 - Page 12



### महाराष्ट्र महाविद्यालयात मोफत आरोग्य तपासणी शिबीर

निलंगा, दि.२७ फेब्रुवारी -

हाविद्यालयात सातत्याने विद्यार्थ्यांमध्ये आरोग्यविषयक डॉ. दिपक हुगे यांच्या मार्गदर्शनाखाली वैद्यकीय जनजागृती करण्यासाठी विविध उपक्रम आयोजित अधिकारी डॉ. जे. डी. माने, सिंध जाधव, नितीन केली जातात. त्या अनुषंगाने महाराष्ट्र महाविद्यालय व कांबळे , संध्या लोंढे, अश्विनी महाजन, ज्योती उपजिल्हा रुग्णालय, निलंगा यांच्या वतीने मंगळवार इंगळे उपस्थित होती. या शिबीरास प्राचार्य डॉ. दि. २७ फेब्रुवारी रोजी आरोग्य तपासणी शिबिराचे माधव कोलपुके यांनी मार्गदर्शन करून श्भेच्छा यशस्वी आयोजन महाविद्यालयात करण्यात आले दिल्या. तसेच डॉ. ज्ञानेश्वर चौधरी यांनी विद्यार्थ्यांशी

अधिकारी डॉ.जे.डी. माने यांनी विद्यार्थ्यांशी आरोग्य प्रा.स्नेहा बोळे उपस्थित होते. प्रास्ताविक डॉ. गोविंद विषयक समस्या जाणून घेतल्या. या शिबिरात रक्तगट, शिवशेट्रे यांनी केले. शिबीराच्या यशस्वीतेसाठी डॉ. रक्तश्रेणी, मधुमेह, एचआयव्ही अशा वेगवेगळ्या नरेश पिनमकर, डॉ. सुभाष बेंजलवार,प्रा. शिवरूद्र प्रकारच्या तपासण्या करण्यात आल्या. या शिबिरांतर्गत बदनाळे, प्रा. धनराज किवडे, डॉ. विड्रल सांड्र व एकूण १५० विद्यार्थ्यांनी नाव नोंदणी केली आणि त्या राजु एखंडे यांनी परिश्रम घेतले.

अंतर्गत ५० हन अधिक विद्यार्थ्यांची आरोग्याची म ोफत तपासणी करण्यात आली. आरोग्य तपासणीसाठी 'आरोग्य धनसंपदा' या उपक्रमाअंतर्गत महाराष्ट्र म उपजिल्हा रुग्णालय, निलंगा येथील वैद्यकीय अधिक्षक संवाद साधला. यावेळी डॉ. शेषेराव देवनाळकर, प्रा. आरोग्य तपासणी शिबीराअंतर्गत वैद्यकीय विष्णु रेड्डी, डॉ. मुह्रा मस्तफा, डॉ. विजय कलकर्णी

### **News Clippings of the activity**

Sign. of Programme Organizer



Sign. of Principal

### MAHARASHTRA MAHAVIDYALAYA, NILANGA



(Arts, Commerce, Science, Information Technology & Vocational)

Re-Accredited "B+" Grade (cgpA-2.62)

NILANGA – 413521 Dist. Latur (Maharashtra State)

Dr. M.N. Kol puke M.Sc. Ph.D.(Zoology) Principal

A Programme under (ex. Health Awareness)

Organized by the Department/Best Activity Cell

during

The Academic Year 2023-24

### "Oral & Dental Health Chekup Camp"

#### Organizer/ Coordinator/Head: Dr.G.G.Shivshette

Name of the	Date	Time	Venue	No. of Students
Activity				Present/Participated
Oral & Dental	30-01-2024	10 am to 1.pm	Maharshtra	150
Health Chekup			Mahavidyalaya,	
Camp			Nilanga	

### **Objectives of the Activity:**

- 1. There is a need today to create awareness about how to take care of oral health
- 2. Creating awareness for oral health care
- 3. To create public awareness about dental diseases

#### **Brief Report:**

On behalf of Maharashtra College, Nilanga Best Practices, a special lecture on dental check-up camp and oral health awareness was successfully organized. The program was chaired by Dr. Madhav Kolpuke, principal of the college. Well-known dentists Dr. Sachin Basude and Dr. Bhim Khalangre were present as chief guides. .

There is a need today to create awareness about how to take care of oral health. In today's hectic life, people do not have time. In such situations, we are neglecting our own health. Teeth are an important element of human life. By which food is properly digested. But it is unfortunate that we do not take proper care of our teeth. To maintain proper care of teeth, it is necessary to brush twice gently, properly massage the gums, avoid eating floury foods and consult a doctor. These thoughts are discussed in the dental check-up camp organized at Maharashtra College, Nilanga and oral Dr. Sachin Basude, a famous dentist, guided the students in this health awareness programme.

The camp was inaugurated by chief guest Dr. Sachin Basude, Dr. Bhim Khalangre and principal of the college, Dr. Madhav Kolpuke. In this camp, a total of 50 male and female students underwent dental check-up. Dr. Dnyaneshwar Chaudhary, Dr. Dhananjay Jadhav, Dr. Bhagwan Waghmare, Dr. Govind Shivshette, Mr. Basu Sir, Mr. Ibrahim Shaikh were present on the coordinator stage. For the success of the camp, Prof. Badnale SS, Prof. Kivade Dhanraj, Prof.

Abhimanyu Gangaji, Prof. Atram and Mr. Raju Ekhande worked diligently. Dr. Govind Sivashette introduced the program and the closing was done by Principal Dr. Madhav Kolpuke.

### **Outcomes of the Activity**

- 1. Awareness about oral health was created
- 2. It created awareness that if you are negligent about oral health, you have to face many diseases
- 3. It was realized that all health problems can be faced if oral health is good



Dr. Sachin Basude while inaugurating the Oral and Dental Health Check-up camp in the college.

Principal Dr. M.N. Kolpuke and other teaching faculties were present



Dr. Govind Shivshette and dignitaries present on the stage while welcoming famous dentist Dr. Bhim Khalangre



Well-known dentist Dr. Sachin Basude guiding the students

### लातूव भमाचाव

Page 6 31 Jan 2024

## मौखिक आरोग्याकडे दुर्लक्ष करुन नका-डॉ. सचिन बसुदे

निलंगा/आयुब बागवानः -मौखिक आरोम्याची काळजी कशी घ्यावी याबदलची जागरूकता निर्माण करण्याची आज गरज आहे. आजच्या धकाधकीच्या जीवनात माणसाकडे वेळ नाही.अशा परिस्थिती आपण स्वतः आरोग्याकडे पण दूर्लक्ष करीत आहोत.दात हे मानवी जीवनाचा एक महत्त्वाचा घटक आहे . ज्याद्वारे अन्न पाचना योग्य तयार होत . परंतु दातांची निट शी काळजी आपण घेत नाही हेच दुर्दैव आहे.दांताची योग्य निगा राखण्यासाठी दोन वेळा ब्रश हळुवारपणे करने, व्यवस्थित हिरडचां ची मसाज, मैदायुक्त पदार्थ खाने टाळावे व डॉक्टरांचा सल्ला घेणे गरजेचे आहे.असे विचार

महाराष्ट्र महाविद्यालय, निलंगा येथे आयोजित दंत तपासणी शिबीर व मौखिक आरोग्याची जागरूकता या कार्यक्रमात प्रसिद्ध दंत विकित्सक श्रं सचिन बसुदे यांनी विद्याध्याँना मार्गदर्शन करताना व्यक्त केले.
या शिबीराचे

उद्घाटन प्रमुख पाहुणे डॉ सचिन बसुदे, डॉ. भीम खलंग्रे व महाविद्यालयाचे प्राचार्य डॉ. माधव कोलपुके यांच्या हस्ते करण्यात आले. या शिबिरात एकुण ५० विद्यार्थी व विद्यार्थिनी ची दंत तपासणी करण्यात आले.या कार्यक्रमाचे

अध्यक्ष म्हणून महाविद्यालयाचे प्राचार्य डॉ माधव कोलपुके व अंतर्गत गुणवत्ता हमी कक्षाचे समन्वयक मंचावर डॉ. ज्ञानेश्वर चौधरी, डॉ. धनंजय जाधव, भगवान वाघमारे, डॉ. गोविंद शिवशेट्टे, बासु सर, इब्राहिम शेख, उपस्थित होते. शिबीराच्या यशस्वीतेसाठी प्रा. बदनाळे एस. एस., प्रा.किवडे धनराज, प्रा.अभिमन्यु गंगाजी, प्रा. अत्राम व् राजु एखंडे यांनी परिश्रम घेतले कार्यक्रमाचे प्रास्ताविक डॉ गोविंद शिवशेहे यांनी केले अध्यक्षीय समारोप प्राचार्य डॉ माधव कोलपुके यांनी केले.तर सुत्रसंचलन कु.सरस्वती लंगोटे व आभार क. कोमल गोमसाळे यांनी

Photo with Caption



Manyon

Sign. of Principal

Principal Maharashtra Mahavidyalaya Nilanga 413521 Dist Latur

Sign. of Programme Organizer

### MAHARASHTRA MAHAVIDYALAYA, NILANGA



(Arts, Commerce, Science, Information Technology & Vocational)

Re-Accredited "B+" Grade (CGPA-2.62)

NILANGA – 413521 Dist. Latur (Maharashtra State)

Dr. M.N. Kol puke M.Sc. Ph.D.(Zoology) Principal

#### A Programme under (Health Awareness)

#### Organized by the Department of Food Processing

#### during

The Academic Year 2023-24

### "Eat Right India and International year of millet"

#### Organizer/ Coordinator Prof.Sonam Patil

Name of the	Date	Time	Venue	No. of
Activity				Students
				Present/Parti
				cipated
Eat Right India	On 16 <sup>th</sup>	11.00	Maharashtra	
and	October 2023	am to-	Mahavidyalaya,Nilanga	25
International		4.00		
year of millet		pm		

#### **Objectives of the Activity:**

- 1. To create domestic and global demand and to provide nutritional food to the people.
- 2. Importance of Millets.
- 3. Eat right india: Impact of sugar, salt and oil
- 4. Need of healthy balance diet

#### **Brief Report:**

Many events are organized on and around World Food Day. On and around October 16, a wide-ranging program is organized at the FAO's headquarters in Rome, Italy. The program is aimed at leaders of political and non-political organizations at all levels and at increasing press attention on topical issues around food supply. Other UN organizations and universities around the world organize symposia, conferences, workshops and presentations of particular issues around food production, distribution and security. cross the globe, many different events are organized to raise awareness of problems in food supply and distribution and to raise money to support projects to aid in the cultivation of food plants and the distribution of food. The projects aim to help farmers be more productive and improve both local communities' access to food and farmers' cash income. Fundraising events include sponsored sports events, charity auctions, concerts, and marches.

The FAO aims to raise levels of nutrition across the globe, improve agricultural productivity at all levels, enhance the lives of rural populations and contribute to the growth of the world economy. It also provides assistance to countries changing their agricultural policy, to aid regions out of famine situations, to help implement appropriate technology and facilitate a neutral environment to discuss issues around food production.

The B.Voc. College Food Processing, Preservation and Storage and Web Printing Technology courses jointly celebrated WORLD FOOD DAY on 16 October 2023 in Maharashtra Mahavidyalaya, Nilanga. On this occasion Mr Dayanand V. Patil (Assistant commissioner Food And Drug Administration Aurangabad) was the Chief Guest and Chairperson was the Dr. M.N. Kolpuke Sir, Principal, M.M. Nilanga.

Mr Dayanand V. Patil address applauded the management and staff for organizing such a meaningful programme. He explained the importance of World Food Day which was came into existence in the year 1980 with a theme to elevate hunger problem. He also said that the food production growth during the year 1951 is 50 million tons and now it has been raised up to 285 million tons. Indian stands No. 1 position in the production of milk, jute and rice and No.2 position in sugar, wheat etc. While economy collapses, the agriculture production also reduces. 30% of the population is going hungry due to insufficient supply of food. He urged the students to learn with dedication and work towards a zero hunger world. He also explained about importance of millets on the occasion of International millet year 2023. He said that

Millets are highly nutritious and rich in fiber, protein, and various essential nutrients. They are well-suited for cultivation in dry and semi-arid regions and have gained popularity due to their health benefits and climate resilience. They can be used to make a variety of dishes in Marathi cuisine, such as bhakri, upma, khichdi, and more

He introduced some common types of millets and their Marathi names and their health benefits. Such millets are:

- 1. Pearl Millet बाजरी (Bajri)
- 2. Finger Millet नाचणी (Nachani)
- 3 . Foxtail Millet कंबू (Kambu)
- 3. Little Millet सामैध (Samaicha)
- 4. Proso Millet चेना (Chena)
- Barnyard Millet वरई (Varai)
   His lecture also covered the following topics.
- 1. Eat Right India Initiative.
- 2. Importance of Millets.
- 3. Need of healthy diet for healthy heart.
- 4. Impact of salt, sugar and oil on health

Principal Dr. M.N. Kolpuke Sir congratulated the B. Voc. departments for organizing such a wonderful programme. He said that importance of millets and need of healthy diet.

B.Voc Staff welcomed the gathering. Prof Sonam Patil is the organizer of this program . prof Shinde S.G introduced the guest .Prof Kakade propsed the vote of thanks.

On the occasion of the World Food Day And International Millet Year the students of B.voc Food Processing Presrevation And Storage presenting posters on different types of millet, their importance, health benefits etc.

### **Outcomes of the Activity**

- 1. World Food Day serves as a critical reminder of the ongoing challenges related to food security and the importance of sustainable agriculture.
- 2. on the International Millets year, millets are a true superfood that deserve to be more widely recognized and appreciated.



Photo with Caption



Photo with Caption





**Photo with Caption** 

### महाराष्ट्र महाविद्यालयात जागतिक अन्न दिना निमित्त रॅली व व्याख्यानाचे आयोजन

लातूर/प्रतिनिधी

लातूर/प्रतिनिधी
संयुक्त राष्ट्राच्या अन्न आणि कृषी संघटनेचा स्थापना दिवस हा
'जागतिक अन्न दिन' म्हणून साजरा केला जातो. जगात कुपोषणामुळे
लाखो बालकांचा जीव जातो, अशी कुपोषणाची समस्या, भूकेचा प्रश्न
निर्माण होऊ नये, जर अशी परिस्थिती निर्माण झालीच तर त्याचा सामना
कसा करावा? या संदर्भात जागरूकता निर्माण करण्यासाठी 'जागतिक
अन्न दिन' साजरा केला जातो या निमित्ताने महाराष्ट्र महाविद्यालयातील
फूड प्रोसेसिंग अँड फूड टेक्नॉलॉजी या विभागाच्या वतीने निलंगा
शहरात जागरूकता रेलीचे अवशाला भाग होता पण प्रतीस शास्त्रामर्थे दशकापूर्वी भरडधान्य मुख्य आहाराचा भाग होता. पण पॉलीस धान्यामुळे ही भरडधान्य आहारातून कमी झाली. या भरड धान्याचा पातळीवर वापर वाढावा म्हणून अलीकडे भारताने पुढाकार या भरड धान्याचा जागतिक घेतलेला आहे. याबाबत जागरूकता निर्माण व्हावी म्हणून औरंगाबाद येथील अन्न व औषध संचलानालयातील सहायक कमिशनर दयानंद पाटील यांच्या व्याख्यानाचा कार्यक्रम महाविद्यालयाच्या वतीने आयोजित करण्यात आलेला होता.

Photo with Caption



Sign. of Programme Organizer

MAHARASHTRA SHIKSHAN SAMITI'S

### MAHARASHTRA MAHAVIDYALAYA, NILANGA



(Arts, Commerce, Science, Information Technology & Vocational)

Re-Accredited "B+" Grade (CGPA-2.62)

NILANGA – 413521 Dist. Latur (Maharashtra State)

**Dr. M.N. Kol puke** M.Sc. Ph.D.(Zoology)

Principal

#### A Programme under (ex. Health Awareness)

Organized by the Department of NSS

**During** 

The Academic Year 2023-24

### "Blood donation Camp"

### Organizer/ Coordinator/Head: Dr.S.G.Benjlwar

Name of the	Date	Time	Venue	No. of Students
Activity				Present/Participated
Blood donation	05-08-2023	10:00 AM to	Maharshtra	
Camp		3:00 PM	Mahavidyalaya,	43
			Nilanga	

#### **Objectives of the Activity:**

- 1. To create awareness about blood donation
- 2. To create a perception that blood donation does not harm health but makes a person stronger by donating blood

#### **Brief Report:**

Maharashtra College, Nilanga Rashtriya Seva Yojana and National cadet course under the auspices of the Founder President of Maharashtra Education Committee Dr. of Shivajirao Patil Nilangekar A blood donation camp was organized on August 05, 2023 on the occasion memorial day. Mr. Blood Transfusion Officer, Vilasrao Deshmukh Government Medical Blood Bank was present to collect blood. The blood donation camp was inaugurated by Honorable Mr. Vijay Patil Nilangekar, President of Maharashtra Education Committee.

Dr.S.G.Benjlwar,dr.v. P Sandur, Professor, students were present in large numbers. A total of 43 blood donors donated blood in this camp and made the camp a success.

### **Outcomes of the Activity**

- 1. The legacy of social service was preserved through blood donation
- 2. Awareness was created about blood donation as the only solution to blood shortage caused by increasing accidents



**Blood Donation Camp Photographs** 





Sign. of Principal



## Maharashtra Mahavidyalaya, Nilanga **Aarogyam Dhan sampda**



## Academic Year 2023-24

## **Blood Donation Camp Activities Report**

Blood Donation Camp Date: 09/02/2024 Total Blood Donation = 14







## **Blood Donation Camp Photographs**

Sign. of Programme Organizer



Benery to

Sign. of Principal



## Maharashtra Mahavidyalaya, Nilanga

## Aarogyam Dhan sampda







Date: 22/12/2023

The college organizes Animal Health Checkup Camp. An animal health Checkup camp was organized as a special activity at Adopted Village Limbala







Animal health officer during animal health check up

Sign. of Programme Organizer



Sign. of Principal



## Maharashtra Mahavidyalaya, Nilanga

## Aarogyam Dhan sampda



# Academic Year 2023-24 **Health Checkup Camp**

Date: 23/12/2023

The village Limbala was adopted on behalf of the National Service Scheme. A special health check-up camp was successfully organized to keep the health of this village healthy.





**Specialist doctors examining patients** 

Sign. of Programme Organizer



Sign. of Principal

Principal

Maharashtra Mahavidyalaya

Nilanga 413521 Dist Latur